

# Barnstable Public Schools Summer Program

## Grab & Go Breakfast Menu

### August 2020

<p><b>3</b></p> <p>Assorted Cereal Cheese Stick Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>	<p><b>4</b></p> <p>Fresh Muffin Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>	<p><b>5</b></p> <p>PopTart Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>	<p><b>6</b></p> <p>Apple or Cherry Frudel Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>	<p><b>7</b></p> <p>Assorted Cereal Bagel with Cream Cheese Oatmeal Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>
<p><b>10</b></p> <p>Oatmeal Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>	<p><b>11</b></p> <p>Assorted Cereal Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>	<p><b>12</b></p> <p>Bagel with Cream Cheese Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>	<p><b>13</b></p> <p>Apple or Cherry Frudel Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>	<p><b>14</b></p> <p>Assorted Cereal Fresh Muffin PopTart Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>
<p><b>17</b></p> <p>Bagel with Cream Cheese Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>	<p><b>18</b></p> <p>PopTart Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>	<p><b>19</b></p> <p>Assorted Cereal Cheese Stick Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>	<p><b>20</b></p> <p>Apple or Cherry Frudel Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>	<p><b>21</b></p> <p>Assorted Cereal Fresh Muffin Oatmeal Fresh Fruit or Canned Fruit</p> <p>Fruit Juice Assorted Milk</p>
<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b></p>
<p><b>31</b></p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>	<p><b>4</b></p>

**All menu items served are served in a Grab & Go style to keep everyone safe!**

Questions and Concerns:  
Please contact the Foodservice Office @  
508-778-0563

Served Daily... Fresh Fruit and Vegetables  
1% White, Skim Milk, Fat Free Chocolate Milk

Please make us aware of any food allergies.

Menus are subject to change without notice