



# Massachusetts Accountability Report Card

A continuous improvement document for school counseling outcomes

## M.A.R.C

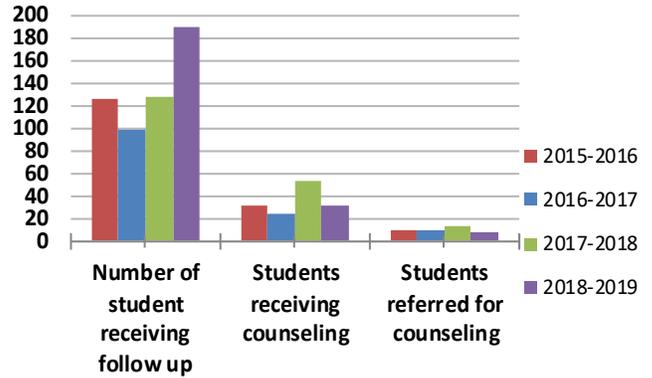
Barnstable High School  
 744 W. Main St. Hyannis, MA 02601  
 508-790-6445 508-790-6457(fax)  
 www.barnstable.k12.ma.us/bhs

District: Barnstable Public Schools  
 Grades: 8-12 Enrollment: 1810  
 School year: traditional, multi-track, year-round  
 Principal: Patrick Clark

### Principal's Comments

Our School Counseling Department is highly respected and valued by the faculty, students and administration at Barnstable High School. The school counseling staff provides direct services individually, in small groups and in large groups to meet students' needs in the three domains of the MA Model for Comprehensive School Counseling -- academic/technical, personal/social and workplace readiness. All members of the school counseling department are valued leaders within the school, advocating for individual students and for systemic change as needed. They support the Barnstable High School mission and core values to ensure academic success and school safety in order to ensure that all students are college and career ready.

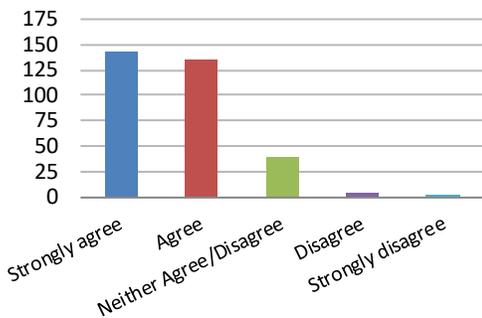
*Patrick Clark, Principal*



### School Climate and Safety

The School Counselors are instrumental in defining the school climate and ensuring school safety at Barnstable High School by meeting frequently with students, parents, administrators and other staff when concerns of aggression, bullying or self-harm are raised. In addition, counselors consciously create opportunities to establish positive relationships with all students in order to best support student academic and social emotional growth.

The first chart shows the results of a question on the senior survey: "BHS was a safe environment of mutual respect and tolerance where you as a student felt safe from bullying/harassment".



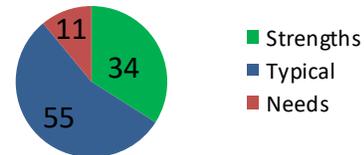
Signs of Suicide, a research-based, psycho-educational program is taught to all 8th, 10th and 12th graders. After the lesson, each student completes a depression screening tool to determine additional follow up. Counselors follow up with their own identified students that same day and determine if additional referrals for counseling should be made. This program continues to educate students, staff and parents about depression and signs/symptoms of depression. Since the implementation of this program, a culture has been created in the school in which students feel more open to discuss depression and seek resources for self or others. Each year approximately 850-1000 students are screened. For the 2018-2019 school year 891 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> graders were screened. The following graph shows the results of the SOS program over the past four years.

### Student Results

The BHS School Counseling Department curriculum is designed to increase student achievement and ensure college and career readiness. The curriculum delivered this year targeted all of the Massachusetts Career Development Education (MA CDE) benchmarks.

- For the second year, BHS used the Devereux Student Strengths Assessment (DESSA) to screen 8<sup>th</sup> grade students for social emotional competencies. The results of the first assessment showed the percentage of students rated in each category.

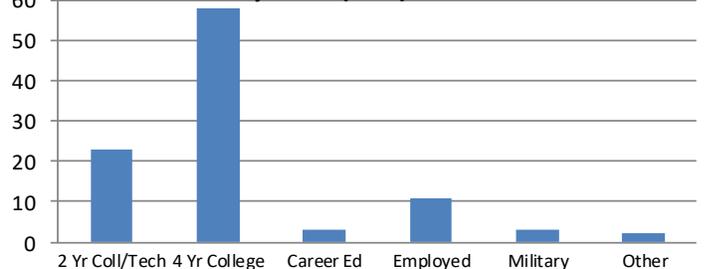
#### DESSA Mini - Oct 2018



Using the results, counselors determined which students needed additional SEL instruction and provided targeted individual instruction, small group instruction, and worked with teachers to provide additional instruction and support for students.

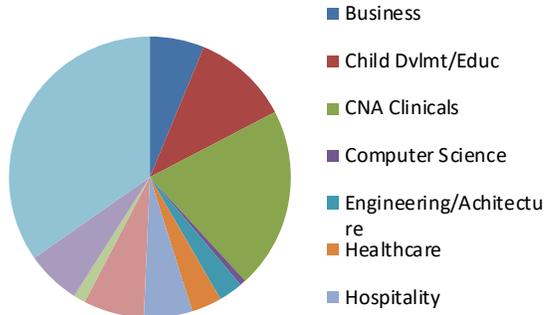
- School counselors work closely with students – individually, in small groups and in large groups – to help facilitate their post-secondary planning over five years. Below are the results showing students' plans.

#### Post-Secondary Plans (in %) for 2019 BHS Grads



Barnstable High School has committed to improving college and career readiness for all students in part by providing purposeful internship/career related experiences through our senior internship program and our Career Pathways. This year 144 seniors participated in an internship/career pathway program with 100% of students scoring at or above the proficient level on the Work-Based Learning Plan. The distribution of students in the internship programs is identified below.

## Students in Internships



## Measurements

The School Counseling Department utilizes a variety of assessments to obtain information in order to best support students, develop curriculum, and advocate for systemic change.

### Academic/Technical

- MCAS - given to 8<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup> graders in science, English and math
- PSAT – administered to all 10<sup>th</sup> and some 11<sup>th</sup> graders
- SAT/ACT - available several times a year at BHS for 11<sup>th</sup>/12<sup>th</sup> graders
- AP Exams - given at the end of each AP course
- EWIS data – Data from ESE’s EDWIN database
- Edgenuity enrollment, progress and scores
- Review of course grades in Aspen

### Workplace Readiness

- Work-based Learning Plan – All students participating in an internship
- ASVAB
- Career Interest Profiler in Naviance
- Resume completion in 11<sup>th</sup> grade English classes

### Personal/Social

- Signs of Suicide (SOS) depression screening – 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> graders
- Senior exit survey – provides pertinent information on school safety, supports and academic preparedness
- EWIS data – Data from ESE’s EDWIN database
- Psychological assessments

## Focus for Improvement

The BHS School Counseling Department is committed to delivering an effective comprehensive school counseling program to improve academic and social emotional growth for all students by collecting and analyzing applicable data. Target areas for continued improvement include:

- Supporting the integration of social emotional learning school wide
- Continued work towards development of 5-year MyCAP (My Career and Academic Plan)

## Community Partnerships/Resources

The School Counseling department greatly values the partnerships with community members, agencies and business leaders. It is one of the goals of the department to grow these relationships to better support students in and out of school.

### Academic/Technical

Cape Cod Community College, Volunteer tutors  
Workplace Readiness

Workforce Investment Board (WIB), Career Opportunities, Multiple Businesses on Cape Cod, Cape Cod Community College, Cape Cod Young Professionals, Tech Council, Hyannis Chamber of Commerce

### Personal/Social

Department of Children and Families, Department of Mental Health, FCP, Housing Assistance Corporation, Individual therapists, Gosnold, Barnstable Police Department, Barnstable Juvenile Probation, Department of Youth Services

## School Counseling Team

The BHS School Counseling Department consists of a department head, six school counselors, two half-time school adjustment counselors, two school psychologists, and a career readiness counselor

The department members collaborate to deliver a comprehensive school counseling curriculum to students in grades 8-12 in the areas of personal/social, academic and career. They are instrumental in the design, coordination, implementation and evaluation of all programs. School counselors start with students in 8<sup>th</sup> grade and continue with them for all five years, ensuring continuity and developing strong relationships with students and their families. Responsibilities of other members of the department include:

- **School Adjustment Counselor** - crisis intervention, short-term intervention, referrals to the community, on-going support throughout the year including individual check-ins and communication with collateral providers.
- **School Psychologists** – chairing the 504 team meetings, provide necessary evaluation service, providing supplemental crisis support
- **Career Readiness Counselor** - Working with department heads to grow the Career Pathways, increasing participation and rigor in the senior internship program, building relationships with members of the community, local business, and Cape Cod Community College

In addition to working closely together within the department, members of the school counseling department rely heavily on the close collaboration with other staff members: nurses, special education staff, EL staff, administrative assistants and administrators. This collaboration ensures that the most comprehensive services are delivered in an equitable fashion to all students.

Jennifer Clark, Department Head, BBA, M.Ed, 16yrs  
Mark Bonavita, School Counselor, BA, M.Ed, 5 yrs  
James Buckman, School Counselor, BA, M.Ed, 26 yrs  
Shawn Kingman, School Counselor, BA, M.Ed, 8 yrs  
Ted Skirvan, School Counselor, BA, M.Ed, 16 yrs  
Alexis Tellert, School Counselor, BA, M.Ed, 11 yrs  
Brian Wanat, School Counselor, BA, M.Ed, 18 yrs  
Erin Eastman, Career Readiness Counselor, BA, MA, 16 yrs  
Amy Kaser, School Adj Counselor, BA, M.Ed, CAGS, 22 yrs  
Meridith Wirtz, School Adj Counselor, BA, MSW, 19 yrs  
Samantha Cunningham, School Psychologist, BS, 1 yr  
Ann Kane, School Psychologist, BS, MS, D.Ed, 45 yrs